

Hannah's Prayer (1 Sam 2:1-10)

¹“My heart rejoices in the Lord;
in the Lord my horn is lifted high.
My mouth boasts over my enemies,
for I delight in your deliverance.
²“There is no one holy like the Lord;
there is no one besides you;
there is no Rock like our God.
³“Do not keep talking so proudly
or let your mouth speak such arrogance,
for the Lord is a God who knows,
and by him deeds are weighed.
⁴“The bows of the warriors are broken,
but those who stumbled are armed with strength.
⁵Those who were full hire themselves out for food,
but those who were hungry are hungry no more.
She who was barren has borne seven children,
but she who has had many sons pines away.
⁶“The Lord brings death and makes alive;
he brings down to the grave and raises up.
⁷The Lord sends poverty and wealth;
he humbles and he exalts.
⁸He raises the poor from the dust
and lifts the needy from the ash heap;
he seats them with princes
and has them inherit a throne of honor.
“For the foundations of the earth are the Lord’s;
on them he has set the world.
⁹He will guard the feet of his faithful servants,
but the wicked will be silenced in the place of darkness.
“It is not by strength that one prevails;
¹⁰ those who oppose the Lord will be broken.
The Most High will thunder from heaven;
the Lord will judge the ends of the earth.
“He will give strength to his king
and exalt the horn of his anointed.”

Mary's Song (Luke 1:46-55)

⁴⁶“My soul glorifies the Lord
⁴⁷ and my spirit rejoices in God my Savior,
⁴⁸ for he has been mindful
of the humble state of his servant.
From now on all generations will call me blessed,
⁴⁹ for the Mighty One has done great things for me—
holy is his name.
⁵⁰ His mercy extends to those who fear him,
from generation to generation.
⁵¹ He has performed mighty deeds with his arm;
he has scattered those who are proud in their inmost thoughts.
⁵² He has brought down rulers from their thrones
but has lifted up the humble.
⁵³ He has filled the hungry with good things
but has sent the rich away empty.
⁵⁴ He has helped his servant Israel,
remembering to be merciful
⁵⁵ to Abraham and his descendants forever,
just as he promised our ancestors.”