

# Compline for Lent

## Collect

Almighty God,  
whose Son fasted forty days in the wilderness,  
and was tempted as we are but did not sin,  
give us grace to discipline ourselves  
in submission to your Spirit,  
that as you know our weakness,  
so we may know your power to save;  
through Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever.

## Psalm 91

Whoever dwells in the shelter of the Most High

**will rest in the shadow of the Almighty.**

I will say of the LORD, "He is my refuge and my fortress,  
**my God, in whom I trust.**"

He will cover you with his feathers,

**and under his wings you will find refuge;**

his faithfulness will be your shield and rampart.

**You will not fear the terror of night,**

nor the arrow that flies by day.

**"Because he loves me," says the LORD, "I will rescue him;**

I will protect him, for he acknowledges my name.

**He will call on me, and I will answer him;**

I will be with him in trouble,

**I will deliver him and honor him.**

With long life I will satisfy him

**and show him my salvation."**



### **Apostles Creed**

Let us confess the faith of our baptism as we say,

**I believe in God,**

**The Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ,  
his only Son, our Lord.**

**He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,  
was crucified, died, and was buried.**

**He descended to the dead.**

**On the third day he rose again.**

**He ascended into heaven,  
and is seated at the right hand of the Father.**

**He will come again  
to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.**

### **Prayers**

We thank you for the good gifts you give us each day...

We bring to you hurting people and troubled situations in our world tonight...

We lift up to you the people who lead our churches, cities, and schools, that they might grow in wisdom and love...

We bring ourselves to you, that we might grow in love for others, and resemble your Son more each day...

We lift up our families and friends to you, that you might keep them safe and strengthen them in your presence...

As our Saviour taught us, let us pray.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come, your will be done  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins,  
as we forgive those who sin against us.**

**Save us from the time of trial,  
and deliver us from evil.**

**For the kingdom, the power, and the glory are yours,  
now and forever.**

**Amen**

### **Prayer of John Chrysostom**

Almighty God,

**you have given us grace at this time with one accord  
to make our common supplications unto you;  
and you have promised through your well-beloved Son  
that when two or three are gathered together in his Name  
you will be in the midst of them:**

**Fulfill now, O Lord, our desires and petitions  
as may be best for us; granting us in this world  
knowledge of your truth, and in the age to come  
life everlasting. Amen.**

Glory to God,

**whose power, working in us,  
can do infinitely more  
than we can ask or imagine.**

**Glory to God from generation to generation,  
in the Church and in Christ Jesus,  
forever and ever. Amen.**